

# Carbon reduction Policy & plan Contents

|                                      |    |
|--------------------------------------|----|
| Introduction                         | 1  |
| Scope                                | 2  |
| Objectives                           | 3  |
| Key Initiatives                      | 4  |
| Monitoring and reporting             | 5  |
| Staff Engagement                     | 6  |
| Partnerships                         | 7  |
| Continuous Improvement               | 8  |
| Compliance                           | 9  |
| Carbon Reduction Plan 2024/5 onwards | 10 |

## 1. Introduction:

- Mind In Enfield and Barnet is committed to reducing its carbon footprint and contributing to the fight against climate change. This policy outlines our commitment to reducing our carbon emissions and sets out the steps we will take to achieve this goal.
- Part of these efforts are governed by our environmental policy, but this document specifically sets out our efforts in relation to carbon reduction.

## 2. Scope:

- This policy applies to all activities, operations, and events organized or supported by Mind In Enfield and Barnet.
- We acknowledge that although the context for our work is defined by national and global policies and actions, that we, as an organisation, will do all we can to protect the environment within our sphere of control and influence.

## 3. Objectives:

- To minimize greenhouse gas emissions associated with our operations.
- To, in line with our environmental policy, promote a culture of environmental responsibility among staff, volunteers, and service users.
- To continuously assess and improve sustainability practices.

- Promote awareness of climate change and encourage our stakeholders to take action to reduce their carbon footprint.
- Ensure that all our activities are conducted in an environmentally responsible manner. (see Environmental Policy)
- To reach Net Zero by 2050.

#### 4. Key Initiatives:

- Conduct a regular carbon audit to identify our carbon footprint and set targets for reduction.
- Complete and publish a Carbon Reduction Plan by April 2024, in line with the requirement for NHS suppliers.
- Energy Efficiency: Implement energy-efficient practices in our offices, such as switching off lights and equipment when not in use, and using energy-efficient light bulbs and appliances.
- Transportation: Encourage sustainable commuting options and explore eco-friendly transport alternatives for organizational activities.
- Waste Management: Prioritize waste reduction, recycling, and responsible disposal practices.
- Reduce paper usage by implementing digital processes wherever possible.
- Procurement: Source environmentally friendly and energy-efficient products and services.
- Outreach and Education: Raise awareness among stakeholders about the importance of carbon reduction and sustainable living.
- Encourage suppliers to adopt environmentally responsible practices and reduce their carbon footprint.

#### 5. Monitoring and Reporting:

- Regularly assess and report on the organization's carbon footprint.
- Complete and publish a Carbon Reduction Plan from April 2024 onwards.
- Establish measurable targets and track progress towards reducing emissions.
- We will monitor our progress towards our carbon reduction targets and report on our performance annually.
- We will also review and update this policy regularly to ensure that it remains relevant and effective.

#### 6. Staff Engagement:

- Educate and involve staff in carbon reduction efforts through training and awareness programs.
- Encourage staff suggestions for improvement and recognize eco-friendly initiatives.

- We will use all available communication channels including, email, social media, intranet, teams, and also existing communication points such as staff meetings, team meetings, and our appraisal and supervision framework.

## 7. Partnerships:

- Collaborate with local environmental organizations and businesses to share best practices and support collective efforts for carbon reduction.
- We will also work with partners across the mind network regionally across NCL and Mind in London, and will participate in national learning and best practice collaboration across England and Wales via National Mind.

## 8. Continuous Improvement:

- Regularly review and update the carbon reduction policy to align with emerging sustainability practices and technologies.
- Our environmental efforts are a focus of the Mind Quality Mark standard which see organisations audited and reviewed every two years.

## 9. Compliance:

- Ensure compliance with relevant environmental laws and regulations.
- Our environmental lead will be the key role focusing on compliance and staying up to date with policy changes.

## 10. Carbon Reduction Plan:

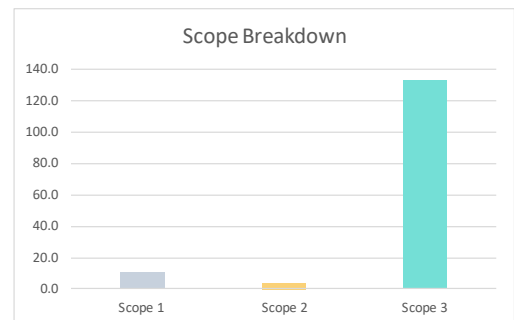
**Scope:** As per the above policy the plan below set out our current carbon footprint baseline and a plan as to how we will reduce this over time in line with achieving net zero greenhouse gas (GHG) emissions by 2050. We will first detail our current estimated emissions baseline across Scope 1, Scope 2 and Scope 3 and then set out how to reduce these moving forward progressing to net zero.

### 1. Baseline Emissions (2024):

|                               | Description  | Metric tons of CO <sub>2</sub> e                           |        |
|-------------------------------|--|--|--------|
| Scope 1                       | Office emissions (gas)                                   | 10.9   |        |
|                               | Other Scope 1 emissions                                  | 0.0  |        |
| Scope 2                       | Office emissions (electricity)                           | 4.0  |        |
| Scope 3                       | Homeworker electricity emissions (home office)           | 0.4  |        |
|                               | Homeworker electricity emissions (air-conditioning)      | 0.0  |        |
|                               | Homeworker gas emissions                                 | 1.8  |        |
|                               | Diesel emissions (commute)                               | 0.0  |        |
|                               | Petrol emissions (commute)                               | 4.6  |        |
|                               | Hybrid emissions (commute)                               | 0.0  |        |
|                               | Motorbike emissions (commute)                            | 0.0  |        |
|                               | Train emissions (commute)                                | 1.8  |        |
|                               | Bus emissions (commute)                                  | 5.1  |        |
|                               | Taxi emissions (commute)                                 | 0.0  |        |
|                               | Train emissions (in work travel)                         | 0.0  |        |
|                               | Diesel emissions (in work travel)                        | 0.0  |        |
|                               | Petrol emissions (in work travel)                        | 0.0  |        |
|                               | Hybrid emissions (in work travel)                        | 0.0  |        |
|                               | Bus emissions (in work travel)                           | 0.0  |        |
|                               | Taxi emissions (in work travel)                          | 0.0  |        |
|                               | Plane emissions  | 0.0  |        |
|                               | Hotel emissions  | 0.0  |        |
|                               | Additional estimates for purchases of goods and services | 118.6  |        |
|                               | Other Scope 3 emissions                                  | 0.0  |        |
|                               | Total emissions  | Company CO <sub>2</sub> Emissions (tons)                   | 147.23 |
|                               |  | Average CO <sub>2</sub> Emissions per person (tons)        | 2.231  |
|                               |  | Average CO <sub>2</sub> Emissions per person per day (kgs) | 9.83   |
| Equivalent airmiles travelled |  | 503,174  |        |
| Trees required to offset      |  | 2,208  |        |

Total Scope Breakdown

| Scope   | Total metric tons of CO <sub>2</sub> e |
|---------|--|
| Scope 1 | 10.9                                   |
| Scope 2 | 4.0                                    |
| Scope 3 | 132.3                                  |



### Summary:

- **Scope 1:** 10.9 metric tons of CO<sub>2</sub>e (direct emissions from owned or controlled sources).
- **Scope 2:** 4.0 metric tons of CO<sub>2</sub>e (indirect emissions from purchased electricity, heating, or cooling).
- **Scope 3:** 132.3 metric tons of CO<sub>2</sub>e (other indirect emissions, such as supply chain, business travel, and commuting).

## 2. Carbon Reduction Strategies:

Our carbon reduction strategies look at each scope, and put in place measures to reduce our carbon footprint to progress towards our GHG goals.

### Scope 1:

- **Energy Efficiency:** Assess and improve energy efficiency in your facilities. Consider LED lighting, efficient heating/cooling systems, and insulation.
- **Renewable Energy:** Transition to renewable energy sources (solar, wind, etc.) for your operations.
- **Transport:** If applicable, explore electric or hybrid vehicles for any transportation needs.

### Scope 2:

- **Green Energy Contracts:** Purchase electricity from renewable sources (green energy contracts).
- **Energy Monitoring:** Implement energy monitoring systems to track usage and identify areas for improvement.

### Scope 3:

- **Supply Chain:** Collaborate with suppliers to reduce emissions (e.g., sustainable sourcing, transportation optimization).
- **Employee Commuting:** Encourage remote work, carpooling, or public transport for staff commuting.
- **Business Travel:** Promote virtual meetings and offset unavoidable travel emissions.
- **Waste Management:** Minimize waste and explore recycling options.

### 3. Targets and Timelines:

Our targets per scope:

- **Scope 1:** Reduce by 20% by 2030.
- **Scope 2:** Achieve 100% renewable energy by 2030.
- **Scope 3:** Reduce by 30% by 2030.

*Regularly review progress and adjust strategies on an annual basis*

### 4. Funding and Support:

- Investigate available grants, funding, and incentives for carbon reduction initiatives.
- Engage with other charities, local authorities, and environmental organizations for guidance and collaboration.

### 5. Reporting and Accountability:

- Annually update your carbon reduction plan.
- Transparently report progress to stakeholders and donors.