

MIND IN ENFIELD

**(A Company Limited by Guarantee)
No: 3151981**

REGISTERED CHARITY NUMBER 1054539

**FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2016**

MIND IN ENFIELD
(A Company limited by guarantee)

Directors and Trustees		Margaret Bryant (Chair) Barry Cook (Vice Chair- Resigned Feb. 2016) Colin Carter Ishwarlal Ravi Ratan Tahir Ayaz (Treasurer) Olive Olney (Resigned Sept. 2015) Margaret Dixon (Resigned Sept. 2015) Jean Butterworth Laurane Till (Vice Chair - From March 2016)
Secretary	-	Colin Carter
Company Number	-	3151981
Registered Office	-	275 Fore Street Edmonton London, N9 OPD
Auditors	-	Anthony Joseph & Co. Limited Chartered Certified Accountants & Registered Auditors Business & Technology Centre Bessemer Drive Stevenage Herts. SG1 2DX
Bankers	-	National Westminster Bank PLC PO Box 8044 104/110 Fore Street Upper Edmonton London, N18 2YR

MIND IN ENFIELD
(A company limited by guarantee)

Directors' and Trustees Report for the year ended 31 March 2016

The directors and trustees present their report for the year ended 31 March 2016.

Objects of the charity, principal activities and organisation of our work

The charity is constituted as a company limited by guarantee and is therefore governed by the memorandum and articles of association.

We are continuing with our aims and objectives which are:

Our Aims

Mind in Enfield, as a local mental health organisation, aims to provide a diverse range of culturally appropriate, accessible and quality services for those experiencing distress, those who have experienced or are experiencing mental health difficulties and for their carers and families. Services are provided by working in partnership with the London Borough of Enfield, BEH Mental Health Trust, strategic health authority, voluntary and community sector agencies and the private sector.

Our Objectives

1. Provision of low cost counselling service offering individual and group counselling.
2. Provision of drop-ins, training courses and social opportunities at our Edmonton premises and at outreach centres in the Borough.
3. Provision of information and intervention casework on welfare benefits, housing, debt and money issues.
4. Provision of community and forensic advocacy.
5. Empowerment and training of individuals through volunteering.
6. Provision of complementary therapies for mental health users.
7. The involvement of mental health service users throughout the process of strategic decision making, service planning and delivery.
8. Promotion of mental health awareness in the course of our activities by the provision of accessible and translated information and by combating stigma and prejudice experienced by people with mental health difficulties.

The Trustees continue to carry out the aims of Mind in Enfield for the public benefit within the definition of the Charity's objectives and the Charity Commission's guidance on Charity's Trustees public benefit duties. This is fully illustrated in the objectives above.

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Directors' and Trustees Report for the year ended 31 March 2016 (continued)

Risk management

Mind in Enfield has a formal risk assessment procedure that allows for the regular annual review of risks to the organisation. The Board of Trustees is satisfied that systems are in place to mitigate our exposure to major risks.

Reserves policy

As mentioned in note 8 to the accounts, £20,000 has been set aside to meet any short term contingency requirement. However, the reserves at the year end of £348,258 represent over half a year's worth of operating costs, which the Trustees deem acceptable. However, the situation is periodically reviewed.

Development, activities and achievements this year

The development, activities and achievements in the year are outlined in the 2015/16, Mind In Enfield Annual Report. The Trustees believe that the charity has met its objectives and maintained its performance to the required quality standards. A summary of this report is appended to this Directors' and Trustees' report.

Transactions and financial position

The Statement of Financial Activities shows the total Incoming Resources for the year of £592,704, which is marginally higher over the previous year of £588,091. The reason for the variation is the increase in the levels of donations and other income in the year. The total expenditure for the current year is £584,142 which is lower than the previous year of £671,949. The variation reflects the board's efforts to continuously review its operations and projects in the year and to ensure that these are delivered within the funding levels and in a cost effective manner.

The board is continuing to commit to a proactive income generation strategy.

The strategy includes diversifying the income streams which underpins the organisation's plans to grow services and improve the mental health infrastructure in Enfield by growing wellbeing and outreach centres. Examples of these schemes are creating new partnerships to effectively procure funding to the projects and services delivered. Also, there are plans in place to increase funding through new and innovative fundraising initiatives. In addition to this, the organisation is currently intensifying its income generation stream from association memberships, donations etc.

Funds available

The present level of funding is adequate to support the continuation of the current objectives.

Director's and trustees'

All directors of the company are also trustees of the charity and there are no other trustees.

Trustees are brought on board to the charity via a variety of ways. This includes formal and informal advertising and promotion of the organisation.

There is a formal application process and the Trustees can only be elected by members at the Annual General Meeting in accordance with the constitution.

Trustees with the requisite skills set are taken on board and where required relevant training is provided as per our policy/procedures.

It must be noted that in matters of decision making procedures, all operational matters are dealt with by senior management whilst matters pertaining to strategy etc is undertaken by both the board of Trustees and management.

Approval

This report has been prepared in accordance with the Statement of Recommended Practice 2005, Accounting and Reporting by Charities and in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies.

This report was approved by the board of directors and trustees on 17 August 2016 and signed on its behalf by:

Margaret Bryant, Chair

Chief Executive's Report for the Accounts

Mind in Enfield 2015-16

1 Introduction

In the past year, everybody at Mind in Enfield worked assiduously to uphold the charity's mission, vision and values, which were reviewed and agreed by all stakeholders in the course of 2015-16. The charity's mission continues to focus on improving the mental health and wellbeing of local people with mental health problems so that they can realise their full potential and play a full part in society. The charity has a vision of "a local community where everybody enjoys greater mental wellbeing".

In response to a continuing tough socio-economic environment, the board of trustees agreed a three-year strategic plan driven by fundraising and aimed at achieving sustainability. A number of key strategic objectives were agreed and which have provided the basis of our work in the course of the year. The following provides some of the key objectives:

- Plan and put on a big fundraising event in collaboration with Mind in Haringey
- Raise the profile of the charity and encourage active participation by all stakeholders in planning and development
- Diversify income streams
- Extend our reach in service delivery by establishing wellbeing hubs throughout the borough of Enfield
- Improve the governance of the charity, creating a more representative board with the required range of skills
- Exploit the use of Social Media to extend and enhance service delivery
- Modernise our IT system to ensure that it is well managed and well maintained
- Rebrand the charity
- Improve the accommodation/environment in which our staff work
- Improve internal and external communication

A significant number of our strategic objectives have already been achieved but the charity continues to strive towards achieving the remaining objectives in the context of our support and intervention activities which have remained to be:

2 Social Support and Wellbeing Service

The social support and wellbeing service is designed to stimulate and promote the mental and physical wellbeing of users and can be accessed by all drop-in users. The programme of activities is varied, including board games, yoga, swimming, gardening, outings, cookery classes, relaxation and many others that encourage interpersonal communication interactions amongst users.

The social and wellbeing programme is strongly supported by volunteers. Volunteering support for most aspects of our work continues to be central to achieving our objectives. We have plans to increase the role of volunteers and, as a consequence, the charity will be recruiting a volunteer coordinator in the autumn to oversee the recruitment, development and management of volunteers.

During the course of the year we supported an average of 25 users of the service per day, a slight improvement over that (23) in 2014/15. The number of volunteers working in the service remained largely the same at 21 in the early and middle parts of the year, and only falling away slightly towards the end. Our Wellbeing Café is integral to our social and wellbeing support service and is currently the subject of planned development and expansion (extending the service to the general public) as the charity seriously considers establishing it as its self-financing business arm. It continues to provide hot, cooked fresh and nutritious meals for users, staff and others. The average number of people our café provides hot meals to has now exceeded 65 per week. The café also continues to serve as a facility for courses on bakery & cookery delivered under a Big Lottery, which funded our Mind, Body & Soul project.

The accommodation from which the social and wellbeing service is delivered benefitted from a Give and Gain Project, which brought together a number of organisations and companies (Waitrose, Royal Bank of Scotland, John Lewis Partnership, London Borough of Enfield, College of North East London) working together in partnership with Mind in Enfield, to redecorate and furnish it. This is an on-going partnership

One of our strategic objectives is to extend our reach in service delivery by establishing wellbeing hubs throughout the London Borough of Enfield. These outreach facilities, it is hoped, will deliver a comprehensive range of social and wellbeing activities to local people

Learning Courses

Mind in Enfield was funded by Enfield Skills for Work programme for the year 2015/16 to run seven courses (Personal development, yoga, Art). 64 learners benefitted from this programme. We also delivered a 10-week ukulele course, which was preceded by a successful “taster” course. This new musical addition developed into a popular and enjoyable activity, and because of the positive influence this has had on the mental and physical health of our users, we plan to incorporate it as one of the social and wellbeing activities we will deliver in future.

Mind Body and Soul Project

The objective of the Mind, Body and Soul Project in 2015/16 was to improve the mental health of users from the London Boroughs of Enfield, Barnet, Haringey, Hackney and Tower Hamlets who formed the partnership to deliver alternative and complementary services.

The project was funded by the Big Lottery in the summer of 2013, and during 2015 continued to develop the partnership with the Traditional Chinese Medicine organisation to deliver services in the 5 boroughs in association with other local organisations.

The services successfully engaged with 260 individuals which is 4% over target. All activities were delivered as planned and included:

- Traditional Chinese Medicine sessions were delivered in three locations in North London (Enfield, Hackney and Tower Hamlets)
- 3 sets of gardening courses were delivered in 2 locations in North London (Enfield and Haringey)
- 196 sessions of physical exercise (swimming, tai chi, and walking/trips) were delivered in 3 locations in North London (Barnet, Enfield and Haringey)
- 9 healthy living courses (3 stress reduction and 6 cooking on a budget) were delivered in 2 locations in North London (Enfield and Haringey)
- 18 health information workshops were delivered in 2 locations in North London (Enfield and Barnet)

The outcomes for participants were very positive: 97% stated that the sessions helped them feel physically better; 90% stated that their psychological state had improved; and all participants of the group sessions reported that they enjoyed the social aspects

3 Counselling Service

The counselling service delivered at Mind in Enfield is multi-culturally based and designed to meet the needs of individuals of the diverse community of the London Borough of Enfield. It continues to aim at making counselling accessible, responsive and welcoming, adopting a range of treatment approaches. The standard of service delivery is high. Through our counselling we endeavour to promote an environment in which clients can grow and develop their full potential. We empower clients to find their own way of managing their thoughts and feelings. The service offered:

- 2,766 counselling sessions
- Around 245 – 250 counselling sessions per month
- Responded to numerous requests for support and guidance from local social services, GPs and other mental healthcare professionals.
- A range of workshops and counselling groups during the year

Our counselling work is different from the IAPT (Improving Access to Psychological Therapies) provision and achieves very good satisfaction rates. 88% of clients receiving counselling in 2015/16 stated that the 16 sessions delivered were beneficial to the extent that they felt better equipped psychologically to face the challenges of living. 75% of those who completed their counselling contract reported a reduction in symptoms of psychological ill-health and an improved state of mental wellbeing.

Compared to the previous year, there was little overall change in the incidence of the presenting mental health problems. However, there was an increase in the number of people presenting with problems of anxiety, depression, welfare issues, relationships, issues of physical health, issues of unemployment and delusional symptomatology.

In the forth-coming year the counselling service aims:

- To continue close monitoring of the service and improve the quality of delivery
- To engage with the local community in Enfield
- To develop further counselling projects to meet the needs of the community
- To enhance accessibility to services
- To utilize technology to reach the community and facilitate a safe environment for users to reach their potential

The counselling service conducts a follow-up survey of all users following the end of their counselling. This year the return rate was high at 15%. Below is a sample of the comments made by users about their experience of the counselling service:

- I am happy with the way my referral was handled (90% of users indicated that they felt happy with how their referral was handled)
- The waiting time for my counselling to start was reasonable (76% of users indicated that this was an issue for them, as they had to wait more than 3 – 4 weeks)
- My appointment was scheduled at a time convenient to me (100% of users indicated this was dealt with competently and there were no issues with this)
- I received enough information about counselling before it began (97% of users indicated that they received enough information about counselling before the beginning, no issues have been reported)
- Talking in counselling helped me to understand my difficulties (98% of users indicated that counselling helped them with their presenting issues)

4 Advocacy, Information & Advice Service

The focus of this service in 2015/16, as in the previous year, has been on delivering a quality service to users. This year has seen an anticipated increase in the number of clients presenting with both mental and physical health issues, and issues of learning difficulties. This increase has been precipitated by an increase in the numbers of people with complex care needs being admitted to hospital. This has meant that our caseworkers spend more time on hospital wards and being witness to many episodes of violent behaviour on a regular basis.

In our **Welfare and Benefits work**, a notable change this year has been the replacement of the Disability Living Allowance with Personal Independence Payment (PIP). This is a points-based system and because many of our clients do not get awarded many points, much staff time is spent working with the authorities to achieve mandatory reconsiderations. The success rate in this work is high and sustainability will require additional resources in the years ahead.

In our **Advocacy Work**, we have noticed an increase in family and safeguarding cases and our Advocates are spending much time on this work as well as assisting clients to access affordable accommodation.

We are now acting as a “**Litigation Friend**” to clients who lack capacity and do not have either family or friends to represent them. Despite the complexity and time consuming

nature of this work, we will continue this work and plan to secure additional resources to sustain it.

This year, overall, there has been a slight fall in the number of clients supported and the table below gives the numbers of clients who engaged and were successfully supported by our Advocacy, Information and Advice Service:

Advocacy	468
Welfare Benefits	257
Total number of clients	725
Telephone Advice	441
Sign-posted	16

Dr Ben Jabuni
CEO
Mind in Enfield

17 August 2016

MIND IN ENFIELD
(A Company limited by guarantee)

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MIND IN ENFIELD
(A company limited by guarantee)

Statement of Trustees' Responsibilities

The trustees (who are also directors of Mind in Enfield for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware, there is no relevant information of which the charity's auditors are unaware and the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of the information.

Signed on behalf of the directors

Margaret Bryant, Chair

Date: 17 August 2016

INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF MIND IN ENFIELD

(A company limited by guarantee)

We have audited the financial statements of Mind in Enfield for the year ended 31 March 2016 on pages 4 to 13. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS102 'The Financial Reporting Standard' applicable in the UK and Republic of Ireland.

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of the Directors and Auditors

As explained more fully in the Statement of Trustees' Responsibilities set out on page 1, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB) Ethical Standards for Auditors.

Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non financial information in the annual report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2016 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;

- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and

- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit, the information given in the Trustees Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements, the Trustees Annual Report has been prepared in accordance with the applicable legal requirements and in the light of our knowledge and understanding of the charitable company and its environment, we have not identified any material misstatements in the Trustees Annual Report.

**INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF
MIND IN ENFIELD**

**(A company limited by guarantee)
(Continued)**

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

adequate accounting records have not been kept or returns adequate for our audit have not been received;
the financial statements are not in agreement with the accounting records and returns; or
certain disclosures of trustees' remuneration specified by law are not made; or
we have not received all the information and explanations we require for our audit; or
the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in exemption from the requirements to prepare a startegis report or preparing the Trustees' Annual Report.

S. Francis-Joseph FCCA
Senior Statutory Auditor, for and on behalf of
Anthony Joseph & Co. Limited
Chartered Certified Accountants
& Registered Auditors
Business & Technology Centre
Bessemer Drive
Stevenage
Herts. SG1 2 DX

Date: 17 August 2016

MIND IN ENFIELD
(A company limited by guarantee)

Statement of Financial Activities
For the year ended 31 March 2016

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2016 £	Total Funds 2015 £
Incoming Resources					
Voluntary income:					
Donations		12,348	28,000	40,348	38,510
Membership fees		639		639	239
Investment Income:					
Bank deposit interest		52	159	211	246
Incoming resources from charitable activities:					
Grants to provide charitable activities	2		533,894	533,894	537,187
Other incoming resources					
Cafe takings			10,000	10,000	6,079
Sundry income			7,612	7,612	5,830
Total incoming resources		13,039	579,665	592,704	588,091
Resources Expended:					
Charitable activities	3	4,326	579,816	584,142	671,949
Total resources expended	3	4,326	579,816	584,142	671,949
Net Income/(Outgoing) Resources		8,713	(151)	8,562	(83,858)
Balance brought forward at 1 April 2015		99,220	240,476	339,696	423,554
Transfers between funds	7				
Balance Carried Forward	7	107,933	240,325	348,258	339,696
Total recognised gains and losses					

There were no recognised gains and losses other than those shown in the statement of financial activities for the above two financial years. All incoming resources and resources expended derived from continuing activities.

The notes on pages 6 to 13 form part of these accounts

MIND IN ENFIELD
(A company limited by guarantee)
Balance Sheet at 31 March 2016

	Notes	2016	2015
		£	£
Fixed Assets			
Freehold property	1(d)	366,991	366,991
Mortgage	1(d)	(366,991)	(366,991)
		<u>-</u>	<u>-</u>
Other Fixed Assets at book value	4	5,768	7,690
Current Assets			
Debtors	5	8,553	7,096
Cash at bank and in hand		393,630	424,885
		<u>402,183</u>	<u>431,981</u>
Less Creditors: amounts falling due within one year	6	<u>(59,693)</u>	<u>(99,975)</u>
Net Assets		<u>342,490</u>	<u>332,006</u>
		<u>348,258</u>	<u>339,696</u>
Funds			
Unrestricted - General Fund		87,933	79,220
- Contingency Fund	8	20,000	20,000
		<u>107,933</u>	<u>99,220</u>
Restricted	7	240,325	240,476
		<u>348,258</u>	<u>339,696</u>
Total Funds			

These financial statements were authorised by the Trustees on 17 August 2016, and were signed on their behalf by:

Margaret Bryant, Chair

The notes on pages 6 to 13 form part of these accounts

MIND IN ENFIELD

CASHFLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2016

	Note	2016 £	2015 £
Net cash inflow/(outflow) from operating activities	10	(31,466)	(148,430)
Returns on investments and servicing of finance	11	211	246
Increase/(decrease) in cash in the period		<u>(31,255)</u>	<u>(148,184)</u>
Reconciliation of net cash flow to movement in net debt	12		
Increase/(decrease) in cash in the period		<u>(31,255)</u>	<u>(148,184)</u>
Movement in net debt in the period		(31,255)	(148,184)
Cash and Cash Equivalents at the start of the Year		<u>424,885</u>	<u>573,069</u>
Cash and Cash Equivalents at the end of the Year		<u>393,630</u>	<u>424,885</u>

The notes on pages 6-13 form part of the accounts

MIND IN ENFIELD
(A company limited by guarantee)
Notes to the accounts for the year ended 31 March 2016

1) Accounting Policies

(a) Basis of preparation

These financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)-(Charities SORP (FRS102)), the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS102), and the Companies Act 2006.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transition value unless otherwise stated in the relevant accounting policy note(s)

In preparing the financial statements the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102, the restatement of comparative items was required. After due consideration, it was concluded that no restatement of the comparatives was required.

The financial statements have been prepared on a going concern basis. In arriving at this conclusion the trustees have taken into account any material uncertainties that may affect the charity's ability to continue as a going concern. The period covered by this assessment is at a minimum level of 12 months from the date of the approval of the accounts.

(b) Incoming resources

Voluntary income including donations, gifts and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions is recognised as earned (as the related goods or services are provided). Grant income included in this category provides funding to support performance activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

(c) Resources expended

Resources expended are included in the Statement of Financial Activities on the accruals basis inclusive of VAT which cannot be recovered. Where members of staff carry out duties which fall into more than one category, costs, including related overhead costs are allocated on the basis of estimated time spent on the various duties.

(d) Tangible assets

The charity owns a freehold property at 275 Fore Street, Edmonton, London, N9. The total cost and development of the property of £366,991 was paid as a capital grant from the Enfield & Haringey Health Authority. There is a charge by way of a legal mortgage on all interest in the property to the Health Authority. The property has not been revalued as any increase in the value increases the mortgage to the Health Authority by the same amount. Further improvement expenditure by the charity on the property is written off at 10% a year on a straight line basis. Equipment is depreciated at a rate calculated to write off the cost over the expected useful economic lives of the assets at 25% on reducing balance.

MIND IN ENFIELD
(A company limited by guarantee)
Notes to the Accounts for the year ended 31 March 2016

1) Accounting Policies (Contd.)

(e) Funds structure

The charity has a number of restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

All other funds are unrestricted funds.

(f) Pensions

The charity operates a defined contribution scheme.

Contributions to the scheme are based on applicable pension costs in the organisation taken as a whole. The pension charge recorded in the accounts is the amount of contributions payable in the accounting year.

(g) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(h) Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments in deposits or similar accounts.

(i) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2) Grants Receivable and Contractual Income

	2016	2015
	£	£
London Borough of Enfield - Section 75:		
Counselling Service - Senior Manager	17,990	17,990
Counselling Service	110,146	110,146
Barnet, Enfield & Haringey Mental Health Trust		
Support Time Recovery CRHTT	-	2,325
NLFS Service Level Agreement	42,324	42,874
London Borough of Enfield:		
Core - Cost of CEO & Finance Manager	59,891	59,891
Social Support - Drop-ins and Workshops	40,830	40,830
Counselling Service	18,330	18,330
Advice (Advocacy, Welfare Benefits and Housing Advice)	98,827	98,827
Skills for Work	7,808	12,187
ERPF Grant	5,500	
IAPT - Wellbeing Initiative	12,000	10,000
Big Lottery Fund Reaching Communities-Mind Body & Soul	116,435	121,111
North London Clinic	2,676	2,676
Plunkett Foundation	1,137	
	533,894	537,187

[illegible]

MIND IN ENFIELD
(A company limited by guarantee)
Notes to the Accounts for the year ended 31 March 2016

Note 3 (Continued)

	2016 £	2015 £
Governance Costs		
Restricted		
Legal & Professional Fees	5,734	13,586
Auditors remuneration	4,080	3,600
	<u>9,814</u>	<u>17,186</u>
Unrestricted		
Legal & Professional Fees	1,032	1,100
	<u>2016</u>	<u>2015</u>
	£	£
Management and other costs		
Restricted		
Management costs	47,913	62,372
Depreciation	1,923	2,563
Other Costs	1,597	1,408
	<u>51,433</u>	<u>66,343</u>
Unrestricted		
Repairs		-
Website Development	3,040	-
Other Costs	254	82
	<u>3,294</u>	<u>82</u>
	<u></u>	<u></u>
Staff Costs		
	£	£
Wages	339,497	394,452
Social Security	28,403	28,901
Pension	4,584	4,361
	<u>372,484</u>	<u>427,714</u>

No employee earned over £60,000 per annum (2015: Nil)

The average number of employees, all on specifically funded projects was 11 (2015: 11).

4) Fixed Assets

	(Note 1d) Freehold Property	Freehold Improvements	Fixtures, Fittings & Equipment	Total
	£	£	£	£
Cost	<u>366,991</u>			
At 1 April 2015		11,030	61,737	72,767
Additions in year		-	-	-
At 31 March 2016		<u>11,030</u>	<u>61,737</u>	<u>72,767</u>
Depreciation				
At 1 April 2015		11,030	54,047	65,077
Charge for the year		-	1,922	1,922
At 31 March 2015		<u>11,030</u>	<u>55,969</u>	<u>66,999</u>
Net book Value 31 March 2016		-	5,768	5,768
Net Book Value 31 March 2015		-	7,690	7,690

MIND IN ENFIELD
(A company limited by guarantee)
Notes to the Accounts for the year ended 31 March 2016

5) Debtors	2016	2015
	£	£
Trade Debtors	5,626	1,755
Prepayments	2,927	5,341
	<u>8,553</u>	<u>7,096</u>

6) Creditors: Amounts due within one year	£	£
Trade Creditors	633	8,848
Other Creditors		-
Accruals and Deferred Income	59,060	91,127
	<u>59,693</u>	<u>99,975</u>

7) Restricted Funds	Balance 01/04/2015 £	Movement of Resources Incoming £	Outgoing £	Transfer to Unrestricted Funds £	Balance 31/03/2016 £
Core 1	73,136	71,952	61,274		83,814
Social Support/Mind Body & Soul	61,998	218,505	222,364		58,139
Counselling	63,155	144,660	144,102		63,713
Advice	42,187	144,548	152,076		34,659
	<u>240,476</u>	<u>579,665</u>	<u>579,816</u>	-	<u>240,325</u>

Analysis of Assets and Liabilities between Funds

	Unrestricted Funds £	Restricted Funds £	Total £
Tangible Fixed Assets		5,768	5,768
Current Assets	107,933	294,250	402,183
Current Liabilities		(59,693)	(59,693)
Net Current Assets at 31 March 2016	<u>107,933</u>	<u>-</u>	<u>240,325</u>
	<u>107,933</u>	<u>240,325</u>	<u>348,258</u>

MIND IN ENFIELD
(A company limited by guarantee)
Notes to the accounts for the year ended 31 March 2016

Details of funds

Core 1	- Management costs to support the organisations activities.
Social Support/Mind, Body & Soul	- To deliver a range of social, educational and personal development support programmes and deliver alternative therapy to improve mental wellbeing. Also, a volunteersupport and training programme runs alongside the above.
Counselling	- Provision of low cost counselling services.
Advice	- Provision of a range of intervention advisory services.

8) Contingency funds and provision for contingency

The charity is entirely dependent upon short term grants. The trustees considered it appropriate to maintain a contingency fund for long term viability. The fund is to be used to finance temporary grant shortfalls, possible costs associated with staffing such as redundancy, pension commitments and long term sickness. The balance of the contingency funds at 31 March 2016 is £20,000 (2015: £20,000).

Mind in Enfield is a member of the Pension Trust, an organisation that provides pension schemes to charitable organisations. The withdrawal liability of the scheme for Mind In Enfield based on the latest notification is £27,325. The withdrawal liability crystallises 12 months after the last employee ceases to be enrolled in the scheme. As the liability can vary and also as there are employees still in the scheme, with future employees planned to be enrolled post the 'Auto Pension Enrolment Scheme', the likelihood of the liability crystallising is significantly reduced. The Trustees are of the opinion that the contingency fund and the balance of the unrestricted fund are sufficient to cover the liability liability should this crystallise. However, as mentioned above as the likelihood of the liability crystallising is significantlyreduced, no further provision is to be made in the accounts.

9) Income received in advance

	2016	2015
	£	£
NHS Enfield-Strategic Partnership IAPT Grants	20,336	32,336
PJK Charitable Trust	4,500	-
Blavo Donation	2,673	3,381
1st Give Grant	1,000	-
Big Lottery Fund Reaching Communities-Mind Body & Soul	10,181	6,211
Mind Body & Soul Donations	8,169	8,930
PJK Charitable Trust	5,000	5,000
Latymer Donations	120	-
Enfield Soroptmists	660	
Donation In Memory of Graham Price	450	
Plunkett Foundation	363	
Conservation Volunteer Grant	375	
	<u>53,827</u>	<u>55,858</u>

MIND IN ENFIELD
NOTES FORMING PART OF THE FINANCIAL STATEMENTS

Note

10 RECONCILIATION OF THE NET (OUTGOING)/INCOMING RESOURCES TO NET CASH INFLOW/(OUTFLOW) FROM OPERATING ACTIVITIES

	2016	2015
	£	£
Net (outgoing)/incoming resources	8,563	(83,858)
Depreciation charges	1,922	2,563
Interest received	(211)	(246)
(Increase)/Decrease in debtors	(1,457)	14,605
(Decrease) in creditors	(40,283)	(81,494)
Net cash inflow/(outflow) from operating activities	<u>(31,466)</u>	<u>(148,430)</u>

11 ANALYSIS OF CASH FLOWS FOR HEADINGS NETTED IN THE CASH FLOW STATEMENT

	2016	2015
	£	£
Returns on investments and servicing of finance		
Interest received	<u>211</u>	<u>246</u>
Net cash inflow for returns on investments and servicing of finance	<u>211</u>	<u>246</u>

12 ANALYSIS OF CHANGES IN CASH AND CASH EQUIVALENTS

	At 1.4.15	Cash flow	At 31.3.16
	£	£	£
Net Cash:			
Cash at bank	<u>424,885</u>	<u>(31,255)</u>	<u>393,630</u>
Total	<u>424,885</u>	<u>(31,255)</u>	<u>393,630</u>

MIND IN ENFIELD
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Statement of Financial Activities
For the year ended 31 March 2016

	Unrestricted Funds	Restricted Funds	Total Funds 2016	Total Funds 2015
	£	£	£	£
Incoming Resources				
Voluntary income:				
Donations	12,348	28,000	40,348	38,510
Membership fees	639		639	239
Investment Income:				
Bank deposit interest	52	159	211	246
Incoming resources from charitable activities:				
Grants to provide charitable activities		533,894	533,894	537,187
Other incoming resources				
Cafe takings		10,000	10,000	6,079
Sundry income		7,612	7,612	5,830
Total incoming resources	<u>13,039</u>	<u>579,665</u>	<u>592,704</u>	<u>588,091</u>
Resources Expended:				
Charitable activities	4,326	579,816	584,142	671,949
Total resources expended	<u>4,326</u>	<u>579,816</u>	<u>584,142</u>	<u>671,949</u>
Net Income/(Outgoing) Resources	8,713	(151)	8,562	(83,858)
Balance brought forward at 1 April 2015	99,220	240,476	339,696	423,554
Transfers between funds				
Balance Carried Forward	<u>107,933</u>	<u>240,325</u>	<u>348,258</u>	<u>339,696</u>

The above is a summary of the accounts for the year ended 31 March 2016.
The accounts were approved by the directors on 17 August 2016 and will be filed with Companies Registry and the Charity Commission after the annual general meeting.

Full accounts and the audit report can be obtained from the company secretary at the registered office.